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## Talon Talk

# Foothill High School Newsletter

John Dwyer, principal

August 1, 2011  
Office Phone 461-6600  
Attendance Line 461-6686

Join Our Mailing List!

### In This Issue

- At-a-Glance Calendar
- Quick Links
- \* Dollar-a-Day Campaign
- \* Get Emergency Cards
  - \* Vaccine Required
  - \* Volunteer at Registration
- \* Registration: Packets & Walk-Through
  - \* Freshman, New Student & Parent Orientation
  - \* Plan for Traffic
  - \* A Period Returns
- \* Back-to-School FAQs
- \* Get Ready for Fall Sports
  - \* Football BBQ & Fundraiser
  - \* Band Camp
- \* Update Talon Talk Subscription

*New "In This Issue" items (above) are marked with asterisks.*

### Pick Up Emergency Cards Before Registration

Please drop by the Foothill office [Thursday, August 11](#) or [Friday, August 12](#) between 8 a.m. to 3:30 p.m. to pick up student emergency cards.

These cards are pre-printed with each student's information, but parents must add the names and contact info for three emergency contacts.

These cards must be picked up *before* registration, completed and turned in at walk-through registration.

### Vaccine Required Before School

Your student must have a current whooping cough vaccine or booster before school starts on [August 23](#).

A new California law requires that all students entering 7th-12th grades this fall must show proof of a whooping cough (Tdap) vaccine before students will be allowed to attend school.

Please contact your child's physician to make sure your child's vaccines meet the new standards. Click [here for more info](#) .

## Quick Calendar

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**Aug. 8** -- Fall sports info mtg for parents & students, 7 p.m., large gym

**Aug. 11 & 12** -- Pick up emergency info cards at Foothill, 8:30 a.m. to 3:30 p.m.

**Aug. 10-13** -- Band camp, band room/football field, 9 a.m. to 9 p.m.

**Aug. 15** -- Walk-thru registration for seniors & freshmen, noon to 7 p.m.

**Aug. 15** -- First day of fall sports

**Aug. 15-19** -- Band camp, band room/football field, 9 a.m. to 9 p.m.

**Aug. 16** -- Walk-thru registration for juniors & sophomores, noon to 7 p.m.

**Aug. 17** -- 9th-grade & new student orientation, 9 a.m. to 11 a.m., large gym

**Aug. 17** -- Freshman parent orientation, 9 a.m. to 10 a.m., MPR

The requirement may be met if your child has received one Tdap dose on or after his/her 10th birthday.

Please deliver to the health office proof that your child has had the Tdap vaccine or booster since his/her 10th birthday. ***Students who do not turn in vaccine proof will not be allowed to start school in August.***

## We Have a Job for You!

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Get that warm, fuzzy feeling that comes from giving of yourself freely and entirely. That's right, folks. Sign up to help on registration days.

Foothill is blessed with more than 2,300 students eager to get their new schedules and just as many parents eager to get through registration quickly.

We need dozens of smiling, happy volunteers to help make registration go smoothly and quickly. Think of all the friends you'll see as they stroll by, wondering where in the heck to go next.

Walk-through registration will be held **Monday, August 15** and **Tuesday, August 16** from noon to 7 p.m. We'll work with you to find a shift that fits nicely into your schedule.

Please contact volunteer coordinator Barbara Kirk at [kirk.g@sbcglobal.net](mailto:kirk.g@sbcglobal.net) to let her know which shifts you'd like to work. Recruit friends to work with you to make your shift more fun.

## Registration: Packets & Walk-Through

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Foothill has gone green. This is the second year Foothill is embracing Mother Earth by posting all walk-through registration forms online.

**Aug. 19** -- Band booster welcome for parents, 6 p.m., band room  
**Aug. 22** --

Makeup registration, 11 a.m. to 3 p.m.

**Aug. 23** -- First day of school. School starts at 8 a.m.

**Aug. 26** -- Welcome-back dance, 7-10 p.m., large gym

**Aug. 27** -- Football kickoff & BBQ fundraiser, 6 p.m., Pleasanton Senior Center

**Sept. 5** -- No school. Labor Day holiday.

**Sept. 14** -- Senior picnic, 9:15 a.m. to 3:15 p.m., Waterworld, Concord.

**Sept. 16** -- Friday Forum for parents, 9 a.m., C-6

**Sept. 16** -- Falcon Fest, 3-7 p.m.

**Sept. 21** -- Back-to-school night, 5:30 p.m.

### Quick Links

[Foothill High website:](#)  
[Bulletin Board](#)  
[Events Calendar](#)

[Bell Schedule](#)

Simply go to the [Foothill website](#) and look in the blue box on the left side for Walk-Thru Registration. When you click on that link, all the forms your little heart desires will be at your fingertips.

The online forms have been arranged for ease of use. It's super easy to figure out which forms must be printed and filled out and which ones are meant to be read for information only.

**Important:** You must drop by the school on [August 11](#) or [August 12](#) to pick up your student's pre-printed emergency info card. You'll need to verify the printed info, add emergency contacts and turn in the card at registration. This is the only form you will not find online.

Click [here for more explanation](#) about the online forms. Walk-thru registration will be [Monday, August 15](#) and [Tuesday, August 16](#) from noon to 7 p.m.

A parent or guardian must accompany each student at registration. Bring your completed forms and **two** proofs of residency. Don't forget your checkbook.

Walk-through registration starts in the small gym and ends in the multipurpose room.

### Monday, August 15 Seniors & Freshmen

Last Name	Time
A-F	Noon - 1:45 p.m.
G-L	1:45 - 3:30 p.m.
M-R	3:30 - 5:15 p.m.
S-Z	5:15 - 7 p.m.

### Tuesday, August 16 Juniors & Sophomores

Last Name	Time
A-F	Noon - 1:45 p.m.
G-L	1:45 - 3:30 p.m.
M-R	3:30 - 5:15 p.m.
S-Z	5:15 - 7 p.m.

[Foothill Athletics](#)

[Foothill Band](#)

[District Calendar](#)

[District Newsletter](#)

[Career Center](#)

[Community Events](#)

[Sports Physical  
Release Form](#)

[Volunteer  
Clearance Form](#)

[MyNutriKids Lunch  
Program](#)

[Scholarships](#)

[Senior Activities](#)

[SAT Test Dates](#)

[ACT Test Dates](#)

## [Dollar-a-Day Campaign](#)

Get the most bang for your buck with Foothill's Dollar-A-Day fundraising campaign.

A mere buck a day can buy classroom equipment, update technology, fund lunch programs, buy library books and much, much more.

Foothill's AABC\* is asking each family to

## [Freshman, New Student & Parent Orientation](#)

Get a warm welcome to the Foothill campus at orientation on [Wednesday, August 17](#) from 9 a.m. to 11 a.m. We are one big, happy family at Foothill, so all new students should show up at the same time. Please meet in the large gym.

Students will get a VIP tour of our beautiful, expansive campus. Be sure to bring your schedule so you can locate your classes.

Incoming freshmen will meet their Senior Buddies, a senior class student who has volunteered to mentor ninth-graders in their transition to high school.

A separate orientation session for parents of freshman students will be held [Wednesday, August 17](#) from 9 a.m. to 10 a.m. in the multipurpose room.

## [Plan Ahead for Heavy Traffic](#)

Traffic is always atrocious the first several days of school as parents try to figure out where to drop off students and student drivers jockey for coveted parking spaces.

Leave home early to avoid traffic crunches around the high school. Pack plenty of patience. There will be heavy traffic, so please be courteous of other drivers and be extra cautious of students walking and riding bikes.

Click [here for a description and map](#) outlining the drop-off and pick-up procedures at Foothill. When you pull into the front parking lot, please ***pull all the way forward*** so that traffic does not back up onto Foothill Road.

Parking permits for juniors and seniors will be sold at registration. Click [here for more info](#).

## ["A" Period is Back](#)

"A" period is back this school year, but in a limited format.

Select students will benefit from the addition of a few A-period classes. The early-morning classes are reserved for students whose course requirements are difficult to fit within the regular school day, such as music students and

donate at least \$180 -- a dollar for each day our kids are in school. We would be tickled pink to accept \$2 a day or any amount you feel comfortable donating.

We are not above bribery. Everyone who donates at least \$180 will a free gift, some sort of Foothill merchandise.

Your AABC will collect donations at walk-through registration. You may also drop off donations in the front office.

Donations are 100 percent tax deductible. Money raised will be used by the AABC to fund much-needed programs and supplies.

The more money we raise with these one-time donations, the fewer fundraisers we'll have to hold during the school

upperclassmen who need to meet graduation requirements. Preference is also given to students lacking the proper number of credits and those whose class requirements have changed.

A period starts at 7 a.m. and ends at 7:56 p.m. The regular school day starts at 8 a.m. and ends at 2:36 p.m. There will be no B period this year.

Click [here for the full bell schedule](#) on the Foothill website.

## **Back-to-School FAQs**

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We try to be thorough, but we know you may still have some lingering questions. Look below to see if we can douse the flame of your burning questions with our quenching answers.

### **How do we get P.E. clothes?**

PE teachers will tell kids about clothing requirements once school starts. Students have the option of buying Foothill-logo PE clothes, which will be sold by PE teachers after school starts.

PE teachers do not require kids to dress in PE clothes for the first few days of school. In other words, there's no need for your kids to haul their PE clothes to school on the first day. The PE teachers will let students know when they need to bring PE clothes to school.

**NOTE:** You might consider buying two sets of PE clothes. This comes in handy when you figure out Sunday evening that the rancid smell wafting from your child's backpack is coming from wadded up, sweaty PE clothes.

### **Athletic physical release form**

Your student must have a complete physical and a signed release from his/her physician before he/she can take part

year. Imagine a world with fewer fundraisers.

Click [here for details](#) about this creative Dollar-a-Day Campaign.

*\* The Academics & Activities Booster Club (AABC), a parent group, raises funds for supplemental programs and supplies that benefit all students.*

in any school sports. Click [here for all the sports packet forms](#) online.

### **What if we miss registration?**

If you are not able to make it to either day of walk-thru registration, don't sweat it. Your kid can still get into school.

A mini makeup registration will be held **Monday, August 22** from 11 a.m. to 2 p.m.

Fill out ALL the required walk-through registration forms on the Foothill website.

**IMPORTANT:** The make-up registration date is the ONLY date after regular registration when students can get class schedules. Please do not come to the office to register or get class schedules. If you cannot make any of the registration dates, you'll have to show up early on the first day of school to register.

### **What about school photos?**

Students' school photos will be taken during registration. If you miss registration, makeup photos will be taken during school in September.

### **What if we're moving?**

If you are moving to another school in Pleasanton or out of our wonderful school district, please let the Foothill office know as soon as possible. You can contact the office at 461-6600.

### **Can my student ride a bus to school?**

The school district does not offer busing, except for special education students. However, the valley's bus service, WHEELS, offers limited routes both to and from Foothill. Click [here for info on the Foothill bus routes](#). One-way trips are \$2 or less if you buy FareBuster discount passes. Discount passes are sold at Safeway, Lucky and Raley's. Click [here for bus fare info](#).

Bus rides are free **August 29 through Sept. 9**. Students must show a valid student ID to get free rides.

### **What about school lunches?**

Plenty of info about school lunches will be provided in your registration packets and at walk-thru registration. But here's some food for thought ... the school district offers lunch

debit cards that may be managed online at [www.mynutrikids.com](http://www.mynutrikids.com). If you use the online service, you will be notified by e-mail when your account balance is low. You can track online how your child is spending his/her lunch money. The service offers nutritional info for some foods. There is a small fee (about \$1.75) each time you deposit funds into your account. There is no fee if you make account payments directly to the school district. And, of course, the lunch ladies (or dinner dudes) always accept cold, hard cash.

### **Immunizations**

Please make sure your students are current on their immunizations, especially if you are new to California or Pleasanton.

A new state law requires all students in grades 7-12 to have the whooping cough vaccine or booster. Students who do not have this vaccine will not be allowed to start school. Please [click here for more info about this new law](#).

Click [here for more info](#) at the district's web site. Questions? E-mail our health clerk Chris Faubion at [cfaubion@pleasanton.k12.ca.us](mailto:cfaubion@pleasanton.k12.ca.us). (She may not be in the office to answer e-mails until closer to the start of school.)

### **Get Ready for Fall Sports**

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Fall sports start before school starts, so be sure to turn in your student's completed sports packet, including a physical exam, as soon as possible.

The mandatory fall sports informational meeting for parents and athletes will be held **Monday, August 8** at 7 p.m. in the large gym. Fall sports practice starts **August 15**.

**Athletes cannot take part in any sport, including tryouts and practice, until all of their paperwork is completed and turned in.**

Click [here for the entire sports packet on the Foothill website](#).

Schedule your athlete for a summer physical, which is required before any student is allowed to play sports. Click [here](#) for the sports physical release form that must be signed by a physician. (Chiropractors are not acceptable for

these physicals.)

### **Discount Physicals**

Athletes can get sports physicals for the discounted fee of \$35 on [Aug. 2](#) and [Aug. 10](#) at Tri-Valley Orthopedic Specialists, 4626 Willow Road, in Pleasanton.

Physicals are given on a first-come, first-served basis from 6 p.m. to 7 p.m. on each date. The drop-in clinics are limited to the first 100 students, so plan to arrive early. Athletes must be accompanied by a parent. Click [here for more info](#).

Don't get caught without your proverbial sports ducks in a row. Get your physical and paperwork done soon.

### **Football Kickoff & BBQ Fundraiser**

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Kick off the 2011 Falcon football season with all of your friends, the coaches and players at the annual barbecue fundraiser on [Saturday, August 27](#) from 6 p.m. to 11 p.m. at the Pleasanton Senior Center, 5353 Sunol Blvd.

This adults-only evening features a delicious barbecue dinner, outstanding live music by JamFunkShus, dancing, auction, raffles and a no-host bar. Mingle with Falcon coaches and players throughout the evening.

Tickets are a mere \$45 per person for this fun evening. Please [click here for more info and the ticket order form](#). You may also get more info or tickets from Chris Maloney at [fhsfootballkickoff@gmail.com](mailto:fhsfootballkickoff@gmail.com).

### **Band Camp Starts August 10**

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It's time to hit the field and get in shape for marching band season. Band camp starts [Wednesday, Aug. 10](#) and runs through [Friday, Aug. 19](#). (No camp will be held Sunday, Aug. 14.) Practice will be held daily from 9 a.m. to 9 p.m. with breaks for lunch and dinner.

Bring your instruments, lots of energy and lots of fluids.

The welcome-back booster meeting will be held [Friday, August 19](#) at 6 p.m. in the band room. A dessert social will follow while parents enjoy watching a band camp performance.

## Please Release Me, Let Me Go

If your years at Foothill have come to an end and you no longer want to get the fabulous Talon Talk, you may remove yourself from the mailing list.

Scroll to the bottom of this e-mail and click on "Safe Unsubscribe" to remove your e-mail addresses from the list.

If you know of any incoming Foothill families, please forward this e-mail to them so that they can sign up for the weekly updates. The Talon Talk is Foothill's main form of school news for parents.

We will miss you at Foothill. Best of luck in the real world -- or at college!

Deadlines for Talon Talk article submissions are the 10th and 22nd of each month. Please include all pertinent info -- who, what, where, when, why and, if applicable, how much does it cost.

Talon Talk is a twice monthly online publication brought to you the 1st and 15th of each month by the Foothill Activities & Academics Booster Club in cooperation with school administration.

Go Falcons!

**Zoe Francis**  
Talon Talk editor

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