

FOOTHILL HIGH SCHOOL
California Blue Ribbon School
Community of Character: Integrity
Week of Monday May 17, 2010



“Integrity is what we do, what we say, and what we say we do” ...Don Galer

CLUBS and ACTIVITIES

Unless otherwise indicated, meetings take place during Lunch

American Cancer Society Thursdays in B-26	Japanese Club Tuesdays in D-34
American Sign Lang.(ASL) Wednesdays in B-21	JSA Mondays in B-14
Art Club Wednesdays in F-3	Key Club Thursdays in B-15
Bay Area Music Tuesday D-9	Latin Club Thursdays in B-4
Best Buddies Club Thursdays in A-14	Mock Trial Tuesday in I-9
Biology Club Tuesdays, Wednesdays J-1	Mu Alpha Theta Thursdays in D-24
COACA Tuesday in F-3	Multi-Cultural Thursdays in D-17
Craft Club Tuesdays F-2	Muslim Student Assoc. Fridays in D-22
Create Club Every other Monday in A-2 (23)	National Honor Society Tuesdays in D-16
Cricket Club Tuesdays in D-23	Our Movement Thursdays in A-2
CSF Wednesdays in MP	Preventing Animal Cruelty Fridays in B-5
Dance Team Club Thursday MP	Public Speaking Club Fridays in B-29
Destination Imagina. Fri. Preston Hedrick's house	Quiz Bowl(QB) Fridays in I-9
DECA Wednesdays in A-4	Robotics Club Alter. Friday in P-4
Drama Friday in D-4	Rubik's Cube Club Wednesdays in D-24
Earth Club Fridays in J-12	"S" (community service) Club Wednesdays in B-31
?Film Discussion Club Thurs/Fri in B-7 renewing	Science Olympiad Mondays in J-12
Fish Club Wednesdays in B-2	Spanish Club Alter. Mondays in B-27
FCC(Foothill Compost Club) Fridays in A-14	STEP Club Mondays in D-24
?Foothill Ultimate Frisbee Tuesdays in D-30 renew	Table Entertainment Club Wednesdays in C-16
?Foothill Unicef Club Fridays in D-9 renewing	Teens for Literacy(TFL) Fridays in D-16
Gay/ Straight Alliance Tuesdays, Thursdays in D-14	Teen Health Education Wednesdays in B-15
German Thursdays in B-33	Teens Reaching Out (TRO) Tuesdays in D-28
Glee Club Mondays in D-1	Touch of Music(TOM) Fridays in H-25
Greeting Card Club Fridays in B-17	Uganda Club Fridays in C-6
Guitar Club Fridays in J-1	Universal Music Club Fridays in H-33
Healthy Habits Club Tuesdays in D-6	WISER Thursdays in B-12
Hip Hop & Lyricism Tuesdays in B-2	Writers' Club Thursdays in C-16
Interact 2 nd and 4 th Tuesdays in B-8	Yoga & Pilates Club 2 nd and 4 th Wednesdays in Large Gym

EVENTS GO FALCONS!!! www.foothillfalcons.org	
Baseball:	
519 vs San Ramon V @ FHS Fr/JV @ SRV	
521 vs Amador V @ AVHS Ffr/JV @ FHS	
Golf:	
5/10-5/14 NCS	
Boys Lacrosse	
5/14 NCS	
Girls Lacrosse	
5/11 NCS	
Softball:	
5/18 vs San Ramon @ FHS	5/22 NCS Tri Valley Champ.
5/20 vs Amador @ AVHS	
Swim	
5/20 NCS Dive	5/17 NCS Champ.
5/21-22 NCS Swim	
Tennis:	

**** PERFORM YOUR COMMUNITY SERVICE OVER THE SUMMER**

"Attention All Juniors! Are you interested in completing your 20 hour community service requirement this summer? Come to a meeting at lunch in C-6 on Wednesday, May 19 to learn important details about this opportunity."

**** Girl Basketball – Open Gym**

Mondays and Wednesdays, except Memorial Day
Small Gym
3 – 5 pm
Summer league information available at open gym
Questions: contact Terri McMorrow at tmcorrow@covad.net

FHS CAR SHOW

Annual Car Show only 4 weeks away!!!!

Sign-ups are in Ms Mitchell's room D-11. Sign-up and collect your permission forms that need to be completed to show your cool ride--- entry fee is \$5.00. Tuesday May 18th all must be in -

SO...HERE'S SOME INFO FOR YOU...

FHS is a closed campus---that means you can't leave campus without your parents permission (and you have a pass from the attendance office)If you leave the FHS campus the PoPo could be called and you are subject to search. So, don't leave without permission, have your pass with you. It's not worth the hassle !!!!

**DON'T LITTER...or...JUMP IN LINE
Or YOU WILL DO THE TIME...
TRASH DUTY....**

**Keep our campus TRUEBLUE...clean up
after yourself and don't jump in line
Remember to follow the Dress Code
GIRLS...No short shorts or spaghetti type straps
Guys ...No sagging shorts or Tank shirts**

LIBRARY NEWS

8:15 a.m. to 3:30 p.m. Wednesday
7:15 a.m. to 2:48 p.m. Friday

DETENTIONS & SATURDAY SCHOOL!@%!!!

The pink copies of your Detention & Saturday School slip **IS YOUR**

ONLY REMINDER that you have a detention to serve.

Please Note Change of Place & Times For

Detentions

ONLY ON WEDNESDAYS :

IN... A - 5 8:15-8:45.....

SATURDAY SCHOOL;

MEET AT C-6 8:00-12noon

DONT BE LATE BE 5 min.EARLY!!!!

****Safe Rides-**

On Friday and Saturday nights, if you need a ride home because you or your ride is under the influence or just to tired to drive safely, you can call TriValley Safe Rides. They will give you a FREE, SAFE, CONFIDENTIAL ride home from 9pm to 1am. (You must be 18 years old or younger.) So if you need a ride, call Safe Rides 416-6810. If you would like to be a part of Safe Rides, let us know at trivalleysaferides@live.com. To be part of the Safe Rides Crew, you must be 15 to 21 years old.

COUNSELING OFFICE:

Attention Current Juniors:

College Bootcamp is back! Interested in learning more about college admissions, financial aid, essay writing, and more? Sign-ups are available in the counseling office for PUSD's 4-day class this summer, College Bootcamp for Seniors. Class will be held in 4-day blocks from 8-10am and taught by PUSD counselor Jennifer Friesen. Please contact your counseling office with any questions.

Summer School forms are now available for download on the school district website under "Summer School." Counselors are in the process of mailing home summer school recommendation letters for students needing to make up courses for either graduation or college.

News to know

All students and parents interested in college planning should attend our College Night, May 12th in the MP from 6:30-8:30pm. We will have reps from UC, CSU, private college, and community college.

Counselors will be finishing up meeting with all sophomores between now and the end of the school year. These meetings were delayed due to the onset of early scheduling this year.

Seniors need to check with colleges to see if they need a mid-year report and/or senior year grades. Almost all private colleges need this, and some out-of-state colleges and CSU's want them as well.

Seniors should check with each college regarding their financial aid application process. Most colleges require the FAFSA and GPA Verification form. Some colleges require the PROFILE. Also, check each college's financial aid website to see if they need additional forms in order to apply for financial aid. We encourage all students to apply, even if they do not think they will qualify for need-based financial aid.

The counseling department is starting groups again!! Some of the themes at which we are looking for the fall are the following: New Students, Girls/Boys, Divorce/Loss/Grief, Stress Management/Test Anxiety, Body Image, and Anger Management. If you would like a place to talk where things are confidential, please, come and sign up in the counseling office. Reach out and help others while at the same time helping yourself!!

Free Online Resources for the College Bound...

We'd like to bring College Week Live to your attention as a free resource. College Week Live is the world's largest college fair and is free to students and families. There are several upcoming events that we believe may be of significant benefit to your students. For information on test preparation, go to: http://www.collegeweeklive.com/en_CA/guest/app-agenda

For information about the University of California Day, go to:
<http://www.prweb.com/releases/CollegeWeekLive/UCDay/prweb2754824.htm>

Materials about these events (flyer, poster, sample plain text e-mail, etc.) are available for download at
http://www.collegeweeklive.com/en_CA/guest/app-counselors.
Additional information about College Week Live is available at
www.collegeweeklive.com.

SCHOLARSHIP NEWS:

On Going – PEO sisterhood chapter XN Cottey College

On Going – Scholarship Experts

On Going – College Bound

On Going – College Board

On Going – Fast Web

On Going – Scholarships. Com

On Going – Student.gov

On Going - Wendy's H.S. Heisman Award

On Going – University of Dayton

On Going – The American Legion

On Going – Carnegie Mellon University

On Going – College Bound Network

On Going – Asian Pacific Fund

On Going – Student Award Search

On Going – DECA Scholarship

On Going - Mills College Nursing Programs

***5/28 B. Davis Scholarship**

5/30 Department of the Army

5/31 League of Filipino Vets

***6/1 Hispanic heritage Awards**

6/18 Japanese Chamber of Commerce

6/19 Abbott & Fenner

6/20 Balanced Man Scholarship

6/24 Big Sun

7/30 UC Davis Sigma Phi Epsilon

***10/3 Wendy's**

10/8 AES Engineers

COLLEGE VISTS/ CAREER CENTER NEWS:

Kaiser Permanente Junior Achievement Job Shadow

Health Care Career Forum Program

Pleasanton Medical Center Offices

Monday May 17, 2010, 8:30 a.m. to 11:30 a.m.

See Mrs. Barker in the Career Center if you would like to participate

Academy of Art University

Pre-College Art Experience

Enroll to take classes online or in San Francisco

Participate year-round in Saturday and Summer Programs

Build your portfolio and receive valuable creative feedback

Earn merit-based Portfolio Grant Scholarships toward college

See Mrs. Barker for details

Learn more www.academyart.edu

Building Your Future Expo

May 20, 2010

What is apprenticeship? Where to apply? How to apply?

Tours, Hands on demonstrations, Panel discussion
9:00 am to 1:30 pm

Let Mrs. Barker know if you want more information

Kaiser Permanente-Junior Achievement

Health Care Career Forum Program

Pleasanton Medical Offices

Monday May 17, 2010

8:30 am to 11:30 am

Location: Conference Rooms A, B and C

See Mrs. Barker in the Career Center to sign up!

Apprenticeship Expo

May 20, 2010

See Mrs. Barker in the Career Center for details

Summer Opportunities for Teens at the Oakland Zoo!

Spend your summer volunteering with the Oakland Zoo! Teach about animals, paint faces, play with kids, and have a wild time!

More info at: www.oaklandzoo.org or call 510-632-9525

The Yosemite Institute Field Research Course this Summer!

July 31st to August 13th

Receive 3 community college credits from Columbia College in Sonoma, CA
Scholarships available

Registration forms

www.yosemitfieldresearch.org

- 10-day backpacking trip you will learn: Wilderness survival and backpacking skills
- Sierra Nevada natural history and ecology
- Self reliance
- Interpersonal skills
Research techniques

Hey Look at this

Alameda County Fair this year is June 23 through July 11

They are looking to hire for various jobs

Applications are on in the FHS Career Center and also available online at alamedacountyfair.com

If you have registered for the ROP Medical Occupations Class for next year

Don't Forget- mandatory orientation meeting is

Tues, April 20 at 6:00 pm at

Granada High 400 Wall St. Livermore, CA

See Mrs. Barker if you have any questions about this

Are You Interested in a Career in Healthcare?

Las Positas College has a Concurrent Enrollment course this summer term 2010. This course is for High School Students interested in a career in healthcare.

The course meets June 14th to June 25th.

Health 57 - Allied Health Career Exploration - 1.5 units (CRN#10519)

Further information on the Concurrent Enrollment policy is available at the student's high school, and the Office of Admissions and Records at Las Positas College or online at

http://www.laspositascollege.edu/admissions/high_school.php

The Junior Statesmen Foundation

If you are a freshman, sophomore or junior who has an interest in politics this summer program is a great opportunity for you.

Located on the campuses of Georgetown, Princeton, and Stanford, this unique

Program includes three core components:

Rigorous Curriculum, Student Debates, Exciting

Speakers Programs

To get more information go to jsa.org/summer or call 800-317-9338

Academic Talent Development Program Summer 2010

UC Berkeley Graduate School of Education- Challenging Classes for Highly Motivated Young Scholars. June 21 to July 30

Visits to the FHS Career Center:

Smithsonian Latino Center

2010 Young Ambassadors Program

Open to 24 graduating high school seniors with an interest and commitment to disciplines in the arts, sciences or humanities as it pertains to Latino communities and cultures.

It is a national interdisciplinary leadership program for high school students gifted in the arts, sciences or humanities.

More Information www.latino.si.edu/education

Do you need some career guidance? Are you confused about what you will be doing in the future? Come in to the Career Center and do some career exploring with Mrs. Barker. You can make an appointment and get yourself heading in the right direction

Summer Programs

MORE INFORMATION IN THE FHS CAREER CENTER COME IN AND CHECK IT OUT! SOME GREAT PLACES TO GO AND THINGS TO DO!

Summer Institute for the Gifted-

Amherst College

Bryn Mawr College

Dartmouth College

Emory University

Princeton University

UC Berkeley

UCLA

UT Austin

Vassar College

AIFS Summer Advantage:

www.SummerAdvantage.com

The Experiment in International Living :

www.experimentinternational.org

Programs in Argentina, Australia, Belize, Botswana, Brazil, Chile, China,

Costa Rica, France, Germany, Italy, Japan, Korea, Mongolia, Morocco,

Navajo Nation, New Zealand, Peru, Spain, Switzerland, Thailand,

Turkey, United Kingdom.

Summer Opportunities

Would like to take some college classes this summer travel abroad; study a foreign language; participate in an internship program? If your answer is yes go to the career center and see what opportunities are waiting for you! Some of these programs have deadlines so don't wait!

Fashion Institute of Design

3 Days of Fashion 2010

San Francisco Campus June 30-July 2

Explore Careers, Meet Grads, Tour Shopping Sports, Take Workshops, Learn how to sketch, Find out what a designer does, Discover answers to all your question from professionals!

Register today space is limited

Log on to: fidm.edu/summerprogram

UC Davis School of Education Summer

Young Scholars Program

June 20 - July 31

Participate in research at UC Davis with a university faculty member on individual projects. Enjoy weekend field trips to points of interest throughout Northern CA, a lecture series on current issues in scientific research, and opportunities to work and live with other talented students with similar interests.

Program web site <http://ysp.ucdavis.edu>

Stanford Summer College

June 19- Aug 15

Register at: summer.stanford.edu

Eight-week summer term with over 100 undergraduate courses open to high school students. The high school students can choose to live on campus and enjoy many cultural and educational programs designed specifically for them, or they can live at home and commute to campus.

Volunteer Opportunities

Check the Career Center for where you can go and what you can do!!

We have several places looking for volunteers. Come in and check it out!

Work Permits - See Mrs. Barker in the Career Center

There will still be a **Job Board** maintained in the Career Center as well as **College Resource materials for student's utilization.**

Please refer to the FHS Website for further information.

***INDICATES NEW ITEM ON BULLETIN*

2

Staff Info
**Please display your Parking Permit on your car!
C-6 Staff lunch daily entree's
Monday -Teriyaki Chicken or Kung Pao with rice and Chow mein.
Tuesday -Chile Verde w/Spanish rice & beans.
Wednesday -BBQ Pork or Chicken Breast sandwich.
Thursday -Teriyaki Chicken or Orange Chicken w/ rice and Chow Mein.
Friday - Baked Potato Bar with all the fixins
Pizza by the slice daily