

FOOTHILL HIGH SCHOOL
California Blue Ribbon School
Community of Character: Respect
Week of Monday April 12, 2010



"Treat others as you want them to treat you because what goes around comes around"

CLUBS and ACTIVITIES

Unless otherwise indicated, meetings take place during Lunch

American Cancer Society Thursdays in B-26	Japanese Club Tuesdays in D-34
American Sign Lang.(ASL) Wednesdays in B-21	JSA Mondays in B-14
Art Club Wednesdays in F-3	Key Club Thursdays in B-15
Bay Area Music Tuesday D-9	Latin Club Thursdays in B-4
Best Buddies Club Thursdays in A-14	Mock Trial Tuesday in I-9
Biology Club Tuesdays, Wednesdays J-1	Mu Alpha Theta Thursdays in D-24
COACA Tuesday in F-3	Multi-Cultural Thursdays in D-17
Craft Club Tuesdays F-2	Muslim Student Assoc. Fridays in D-22
Create Club Every other Monday in A-2 (23)	National Honor Society Tuesdays in D-16
Cricket Club Tuesdays in D-23	Our Movement Thursdays in A-2
CSF Wednesdays in MP	Preventing Animal Cruelty Fridays in B-5
Dance Team Club Thursday MP	Public Speaking Club Fridays in B-29
Destination Imagina. Fri. Preston Hedrick's house	Quiz Bowl(QB) Fridays in I-9
DECA Wednesdays in A-4	Robotics Club Alter. Friday in P-4
Drama Friday in D-4	Rubik's Cube Club Wednesdays in D-24
Earth Club Fridays in J-12	"S" (community service) Club Wednesdays in B-31
?Film Discussion Club Thurs/Fri in B-7 renewing	Science Olympiad Mondays in J-12
Fish Club Wednesdays in B-2	Spanish Club Alter. Mondays in B-27
FCC(Foothill Compost Club) Fridays in A-14	STEP Club Mondays in D-24
?Foothill Ultimate Frisbee Tuesdays in D-30 renew	Table Entertainment Club Wednesdays in C-16
?Foothill Unicef Club Fridays in D-9 renewing	Teens for Literacy(TFL) Fridays in D-16
Gay/ Straight Alliance Tuesdays, Thursdays in D-14	Teen Health Education Wednesdays in B-15
German Thursdays in B-33	Teens Reaching Out (TRO) Tuesdays in D-28
Glee Club Mondays in D-1	Touch of Music(TOM) Fridays in H-25
Greeting Card Club Fridays in B-17	Uganda Club Fridays in C-6
Guitar Club Fridays in J-1	Universal Music Club Fridays in H-33
Healthy Habits Club Tuesdays in D-6	WISER Thursdays in B-12
Hip Hop & Lyricsm Tuesdays in B-2	Writers' Club Thursdays in C-16
Interact 2 nd and 4 th Tuesdays in B-8	Yoga & Pilates Club 2 nd and 4 th Wednesdays in Large Gym

EVENTS GO FALCONS!!! www.foothillfalcons.org	
<u>Baseball:</u>	
4/14 vs Cal V @ Cal Fr/JV @ FHS	
4/16 vs De La Salle V @ FHS JV @ DLS	
4/17 Fr vs De La Salle @ DLS	
<u>Golf:</u>	
4/13 vs De La Salle V @ Castlewood JV @ Crow Canyon	
4/15 vs Granada @ Poppy Ridge JV @ Callippe	
<u>Boys Lacrosse</u>	
4/13 vs Granada @ FHS	
4/16 vs San Ramon @ SRV	
<u>Girls Lacrosse</u>	
4/13 vs Granada @ Granada	
4/16 vs San Ramon Valley @ FHS	
<u>Softball:</u> <u>Track</u>	
4/13 vs Cal @ Cal	
4/15 vs Crondelet @ FHS	4/15 Cron./ DLS @ FHS
<u>Swim</u>	
4/16 vs De La Salle / Crondelet @ FHS	
<u>Tennis:</u>	
4/13 vs Cal @ FHS	<u>Volleyball:</u>
4/15 De La Salle vs @ DSL	4/13 vs Granada @ FHS
	4/15 vs San Ramon @ SRV

Attention Seniors

If you will be taking the assessment test for Las Positas and have signed up with Mrs. Barker in the Career Center Be sure and go to B-16 after school on the date that you have signed up for. The LPC Assessment Test will be offered on Tues 4/13 and Thurs 4/15 at 3:00 pm You must have your LPC Student ID # in order to log into the program.

Summer School forms are now available for download on the school district website under "Summer School." Counselors are in the process of mailing home summer school recommendation letters for students needing to make up courses for either graduation or college.

Tough Class? Walk in to Peer Tutoring!

Friendly academic help from fellow students is available through Foothill's Peer Tutoring Program. Just come to Room B-33 during lunch on Monday through Friday and after school on Monday through Thursday, and to D-28 on Fridays before school. All subjects - see calendars posted at B-33, D-28, in the library, and elsewhere for specific schedule.

SO..HERE'S SOME INFO FOR YOU...

FHS is a closed campus---that means you can't leave campus without your parents permission (and you have a pass from the attendance office)If you leave the FHS campus the PoPo could be called and you are subject to search. So, don't leave without permission, have your pass with you. It's not worth the hassle !!!!

**DON'T LITTER...or...JUMP IN LINE
Or YOU WILL DO THE TIME...
TRASH DUTY....**

**Keep our campus TRUEBLUE...clean up
after yourself and don't jump in line**

**Remember to follow the Dress Code
GIRLS...No short shorts or spaghetti type straps
Guys ...No sagging shorts or Tank shirts**

DETENTIONS & SATURDAY SCHOOL:! @%!!!

The pink copies of your Detention & Saturday School slip **IS YOUR ONLY REMINDER** that you have a detention to serve.

Please Note Change of Place & Times For

Detentions

ONLY ON WEDNESDAYS :

IN... A - 5 8:15-8:45.....

SATURDAY SCHOOL;

MEET AT C-6 8:00-12noon

DONT BE LATE BE 5 min.EARLY!!!!

****Safe Rides-**

On Friday and Saturday nights, if you need a ride home because you or your ride is under the influence or just to tired to drive safely, you can call Trivalley Safe Rides. They will give you a FREE, SAFE, CONFIDENTIAL ride home from 9pm to 1am. (You must be 18 years old or younger.) So if you need a ride, call Safe Rides 416-6810. If you would like to be a part of Safe Rides, let us know at trivalleysaferides@live.com. To be part of the Safe Rides Crew, you must be 15 to 21 years old.

LIBRARY NEWS

7:15 a.m. to 3:30 p.m. Monday/Tuesday/Thursday

8:15 a.m. to 3:30 p.m. Wednesday

7:15 a.m. to 2:48 p.m. Friday

COUNSELING OFFICE:

****Summer School forms** are now available for download on the school district website under "Summer School." Counselors are in the process of mailing home summer school recommendation letters for students needing to make up courses for either graduation or college.

News to know

All students and parents interested in college planning should attend our College Night, May 12th in the MP from 6:30-8:30pm. We will have reps from UC, CSU, private college, and community college.

Counselors will be finishing up meeting with all sophomores between now and the end of the school year. These meetings were delayed due to the onset of early scheduling this year.

Seniors need to check with colleges to see if they need a mid-year report and/or senior year grades. Almost all private colleges need this, and some out-of-state colleges and CSU's want them as well.

Seniors should check with each college regarding their financial aid application process. Most colleges require the FAFSA and GPA Verification form. Some colleges require the PROFILE. Also, check each college's financial aid website to see if they need additional forms in order to apply for financial aid. We encourage all students to apply, even if they do not think they will qualify for need-based financial aid.

The counseling department is starting groups again!! Some of the themes at which we are looking for the fall are the following: New Students, Girls/Boys, Divorce/Loss/Grief, Stress Management/Test Anxiety, Body Image, and Anger Management. If you would like a place to talk where things are confidential, please, come and sign up in the counseling office. Reach out and help others while at the same time helping yourself!!

Free Online Resources for the College Bound...

We'd like to bring College Week Live to your attention as a free resource. College Week Live is the world's largest college fair and is free to students and families. There are several upcoming events that we believe may be of significant benefit to your students.

For information on test preparation, go to:

http://www.collegeweeklive.com/en_CA/guest/app-agenda

For information about the University of California Day, go to:

<http://www.prweb.com/releases/CollegeWeekLive/UCDay/prweb2754824.htm>

Materials about these events (flyer, poster, sample plain text e-mail, etc.) are available for download at

http://www.collegeweeklive.com/en_CA/guest/app-counselors.

Additional information about College Week Live is available at www.collegeweeklive.com.

SCHOLARSHIP NEWS:

On Going – PEO sisterhood chapter XN Cotley College

On Going – Scholarship Experts

On Going – College Bound

On Going – College Board

On Going – Fast Web

On Going – Scholarships. Com

On Going – Student.gov

On Going - Wendy's H.S. Heisman Award

On Going – University of Dayton

On Going – The American Legion

On Going – Carnegie Mellon University

On Going – College Bound Network

On Going – Asian Pacific Fund

On Going – Student Award Search

3/27 San Ramon Rotary

3/31 Asian Pacific Fund - Seniors

3/31 San Ramon Valley Primary Care

3/31 US Bank

3/31 Laurel Alice Williams Foundation

3/31 Valley Care

4/1 Alameda County Farm Bureau

4/1 Buon Tempo

4/2 American Iris Society

4/2 Robert C Byrd Honors Scholarship

4/2 Calif. Wine Grape

4/5 California Alarm System

4/9 ASCWA

4/9 PEO Sisterhood Chapter BG

4/5 Civil Service Employees

4/15 Daughters of the American Revolution (DAR)

4/15 Keegan Wahler Memorial

4/15 Wells College

4/15 George A Spiliotopoulos Memorial Scholarship

4/15 Rotary Club of Pleasanton

4/16 Judge D Lowell Jensen Mock Trail Scholarship

4/19 AABC Scholarship

4/22 Student Insights

4/23 Foothill Athletic Boosters

4/23 Youth in Excellence in Arts Awards

4/30 East Bay Coast Guard Spouses Club

4/30 Jon and Ann Reynolds

4/30 George P. Scotlan

4/30 Robert T. Nahas

*5/1 **Sunol Glen**

5/1 Ryan Gordon Memorial Scholarship

5/1 Chinese American Citizens Alliance

5/14 Vietnam veterans Group of San Quentin

5/30 League of Filipino Vets

*6/18 **Japanese Chamber of Commerce**

*6/20 **Balanced Man Scholarship**

6/24 Big Sun

7/30 UC Davis Sigma Phi Epsilon

10/8 AES Engineers

COLLEGE VISITS/ CAREER CENTER NEWS:

****GETSET ANNOUNCEMENTS:**

Dinner with a Scientist is Thurs. April 15th
You should have received your invitation to this event. Please RSVP with Mrs. Barker

****GetSet girls you are invited to Lunch in the Career Center on Friday April 16th**
Please see Mrs. Barker if you can make it!

****College Visits to FHS**

UCLA will be here on Wed 4/14 at lunch time
Utah State will be here 4/14 2nd period

Are You Interested in a Career in Healthcare?

Las Positas College has a Concurrent Enrollment course this summer term 2010.

This course is for High School Students interested in a career in healthcare.

The course meets June 14th to June 25th.

Health 57 - Allied Health Career Exploration - 1.5 units (CRN#10519)

Further information on the Concurrent Enrollment policy is available at the student's high school, and the Office of Admissions and Records at Las Positas College or online at

http://www.laspositascollege.edu/admissions/high_school.php

College Fairs this spring:

East Bay College Fair

Friday, May 7, 2010 6 – 8 pm

CSU East Bay, University Gymnasium, 25800 Carlos Bee Blvd., Hayward, CA 94542

Free Admission

Representatives from more the 100 U.S. colleges and universities
For more information call 510-885-2612

Pre-register your mailing address at www.wacaccollegefair.com

Bring your custom barcode printout to the fair so colleges you like can scan it and send you more information.

San Francisco National College Fair

www.gotomyncf.com

Saturday, April 17, 2010 1:30 pm to 4:30 pm

Visit www.nationalcollegefairs.org for the most updated list of colleges

The Junior Statesmen Foundation

If you are a freshman, sophomore or junior who has an interest in politics this summer program is a great opportunity for you.

Located on the campuses of Georgetown, Princeton, and Stanford, this unique

Program includes three core components:

Rigorous Curriculum, Student Debates, Exciting

Speakers Programs

To get more information go to jsa.org/summer or call 800-317-9338

East Bay College Fair

Friday, May 7, 2010

9:30 am- 12 pm and 6 to 8 pm

California State University, East Bay

University Gymnasium
25800 Carlos Bee Blvd., Hayward, CA 94542
Free Admission
Representatives from more than 100 US colleges
and universities
Valuable college planning and informational
workshops on financial aid and admissions
For more information call 510-885-2612

Visits to the FHS Career Center:

Smithsonian Latino Center

2010 Young Ambassadors Program

Open to 24 graduating high school seniors with an interest and commitment to disciplines in the arts, sciences or humanities as it pertains to Latino communities and cultures.

It is a national interdisciplinary leadership program for high school students gifted in the arts, sciences or humanities.

More Information www.latino.si.edu/education

Do you need some career guidance? Are you confused about what you will be doing in the future? Come in to the Career Center and do some career exploring with Mrs. Barker. You can make an appointment and get yourself heading in the right direction

Summer Programs

MORE INFORMATION IN THE FHS CAREER CENTER COME IN AND CHECK IT OUT!
SOME GREAT PLACES TO GO AND THINGS TO DO!

Summer Institute for the Gifted-

Amherst College
Bryn Mawr College
Dartmouth College
Emory University
Princeton University
UC Berkeley
UCLA
UT Austin
Vassar College

AIFS Summer Advantage:

www.SummerAdvantage.com

The Experiment in International Living :

www.experimentinternational.org

Programs in Argentina, Australia, Belize, Botswana, Brazil, Chile, China,

Costa Rica, France, Germany, Italy, Japan, Korea, Mongolia, Morocco, Navajo Nation, New Zealand, Peru, Spain, Switzerland, Thailand, Turkey, United Kingdom.

Academic Talent Development Program Summer 2010

UC Berkeley Graduate School of Education- Challenging Classes for Highly Motivated Young Scholars. June 21 to July 30

Summer Opportunities

Would like to take some college classes this summer travel abroad; study a foreign language; participate in an internship program? If your answer is yes go to the career center and see what opportunities are waiting for you! Some of these programs have deadlines so don't wait!

Summer Internships with Metropolitan

Fashion Institute of Design

3 Days of Fashion 2010
San Francisco Campus June 30-July 2
Explore Careers, Meet Grads, Tour Shopping Sports, Take Workshops, Learn how to sketch, Find out what a designer does, Discover answers to all your question from professionals!
Register today space is limited
Log on to: fidm.edu/summerprogram

UC Davis School of Education Summer

Young Scholars Program
June 20 -July 31
Participate in research at UC Davis with a university faculty member on individual projects. Enjoy weekend field trips to points of interest throughout Northern CA, a lecture series on current issues in scientific research, and opportunities to work and live with other talented students with similar interests.
Program web site <http://yssp.ucdavis.edu>

Stanford Summer College

June 19- Aug 15

Register at: summer.stanford.edu

Eight-week summer term with over 100 undergraduate courses open to high school students. The high school students can choose to live on campus and enjoy many cultural and educational programs designed specifically for them, or they can live at home and commute to campus.

Volunteer Opportunities

Check the Career Center for where you can go and what you can do!!

We have several places looking for volunteers. Come in and check it out!

Work Permits - See Mrs. Barker in the Career Center

There will still be a **Job Board** maintained in the Career Center as well as **College Resource materials for student's utilization.**

Please refer to the FHS Website for further information.

****INDICATES NEW ITEM ON BULLETIN**

Staff Info
**Please display your Parking Permit on your car!
C-6 Staff lunch daily entree's
Monday -Teriyaki Chicken or Kung Pao with rice and Chow mein.
Tuesday -Chile Verde w/Spanish rice & beans.
Wednesday -BBQ Pork or Chicken Breast sandwich.
Thursday -Teriyaki Chicken or Orange Chicken w/ rice and Chow Mein.
Friday - Baked Potato Bar with all the fixins
Pizza by the slice daily